



TENNESSEE COLLEGE OF APPLIED TECHNOLOGY

NEWBERN

340 Washington Street • Newbern, TN 38059 • (731)627-2511 • Fax (731)627-2310

Website: www.tcatnewbern.edu

TCAT Newbern Suicide Prevention Plan

TCAT Newbern is committed to the mental health wellness of our students, faculty and staff. As such, and in compliance with the requirements of T.C.A. § 49-7-172, TCAT Newbern has developed a suicide prevention plan that engages in a variety of initiatives to improve and provide crisis services. TCAT Newbern's Suicide Prevention Plan will be disseminated to faculty, staff, and students each academic term via the Catalog/Student Handbook, website and email.

Prevention

TCAT Newbern has developed a comprehensive approach to increase mental health awareness through efforts of prevention.

Contact

TCAT Newbern's contact for suicide prevention work is Christie Hudnall, Vice President, 731-627-2511 ext. 1104 or chudnall@tcatnewbern.edu.

Prevention Components & Resources

Key components of TCAT Newbern's suicide prevention work include:

- A suicide or mental health wellness syllabus statement included on Faculty Syllabi for all courses:

TCAT Newbern is committed to and cares about all students. Support services are available for any person at TCAT Newbern who is experiencing feelings of; being overwhelmed, hopelessness, depression, thinking about dying by suicide, or is otherwise in need of assistance. For immediate help contact the National Suicide Lifeline Number 1-800-273-TALK(8255) or Text "TN" to 741741 or the Trevor Lifeline at 1-866-488-7386. Veterans may also wish to contact the Veterans Crisis Line at 1-800-273-8255 (press 1) or Text 838255.

- Promotion of the National Suicide Prevention Lifeline, Crisis Text Line, and campus/community resources are made available through:
 - TCAT Newbern's website, tcatnewbern.edu, and
 - Though additional methods, such as flyers, posters, and orientation packets.
- Utilizing community resources and agencies to provide prevention services for TCAT Newbern community members. TCAT Newbern has established relationships with the following local Mental Health facilities for the purpose of providing prevention education, training and/or prevention screenings.

Professional Care Services of West Tennessee Inc.
2380 Henry Street
Dyersburg, TN 38024
1-844-727-2778
Katie.coleman@pcswtn.org

Additional Information

Information regarding such relationships at TCAT Newbern is available in the Vice President or Student Services Coordinator's Office. Both offices will have available a comprehensive list of partners and services available to members of the TCAT Newbern community which may include crisis referral services, prevention screenings, training programs, etc. Any campus member interested in accessing the services/agencies and training noted above, or for more information about TCAT Newbern's suicide prevention efforts should contact Christie Hudnall, Vice President, 731-627-2511 or chudnall@tcatnewbern.edu.

Intervention

There is no typical suicidal person. No age group, ethnicity, or background is immune. Fortunately, many troubled individuals display behaviors deliberately or inadvertently signal their suicidal intent. Recognizing the [warning signs](http://tspn.org/warning-signs) (<http://tspn.org/warning-signs>) and learning what to do next may help save a life.

Contact

If someone exhibits behavioral patterns that may indicate possible risk for suicide, they should be watched closely. If they appear numerous or severe, seek professional help at once. **The National Suicide Prevention Lifeline at 1-800-273-TALK (8255) provides access to trained telephone counselors, 24 hours a day, 7 days a week or the Crisis Text Line by texting TN to 741 741.**

If a student, faculty, or staff member encounters a suicidal student, faculty, or staff member, the following individual should be contacted immediately:

Christie Hudnall, Vice President
731-627-2511 or chudnall@tcatnewbern.edu.

Should the incident occur after hours, or the above noted individual is not available, the following should be contacted immediately:

Christie Hudnall, Vice President, 731-627-2511 or
Ms. Youlanda Jones, President, 731-627-2511

If the suicidal person has plans and access to a lethal means, is planning to make an attempt very soon, or is currently in the process of making an attempt, this individual is in imminent danger and should not be left alone. Get the person help immediately. Determine who can get there quickly and keep the individual safe.

Should you have this concern, you should immediately call 9-1-1.

Intervention Resources

TCAT Newbern has established relationships with the following local Mental Health facilities for the purpose of crisis referral services.

Professional Care Services of West Tennessee Inc.

2380 Henry Street

Dyersburg, TN 38024

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Katie.coleman@pcswtn.org

The safety and wellbeing of our students, faculty, and staff is of the utmost importance. In situations that require immediate action because of safety or other concerns, TCAT Newbern will take any reasonable administrative action or accommodation protocols that are appropriate. Such interim actions may include, but are not limited to: adjustments to schedules, ADA accommodations, adjustments of course, exam, schedules, facilitation of hold harmless voluntary withdrawals, incompletes, etc.

Additional Information

Information regarding such relationships at TCAT Newbern is available in the Vice President or Student Services Coordinator's Office. Both offices will have available a comprehensive list of partners and services available to members of the TCAT Newbern community. Any campus member interested in more information about TCAT Newbern's suicide intervention protocol should contact Christie Hudnall, Vice President, 731-627-2511 chudnall@tcatnewbern.edu.

Postvention

Because all student/faculty/staff deaths affect our community, whether that death is accidental, due to illness, or the result of self-inflicted injury, it important for TCAT Newbern respond to and recognize all deaths in a consistent manner. Campus leadership and the communications department developed a protocol that includes a campus response to a student/faculty/staff suicide to decrease the trauma experienced by the students and other campus community members left behind and to help prevent further suicides through contagion.

Contact

If a student, staff, or faculty member death occurs by suicide, the following person, or their designee, should be notified immediately:

Christie Hudnall, Vice President

731-627-2511 ext. 1104 or chudnall@tcatnewbern.edu

Postvention Components & Resources

TCAT Newbern has established relationships with the following local Mental Health facilities for the purpose of working to decrease community trauma.

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2380 Henry Street

Dyersburg, TN 38024

1-844-727-2778

Katie.coleman@pcswtn.org

Additional Information

Information regarding such relationships at TCAT Newbern is available in the Vice President or Student Services Coordinator's Office. Both offices will have available a comprehensive list of partners and services available to members of TCAT Newbern. Any campus member interested in more information about TCAT Newbern's suicide prevention protocol should contact Christie Hudnall, Vice President, 731-627-2511 or chudnall@tcatnewbern.edu.

Comprehensive Response Protocol

TCAT Newbern's comprehensive suicide prevention, intervention and postvention protocol is available campus administration, faculty, staff, and students. For more information, please contact Christie Hudnall, Vice President, 731-627-2511 ext. 1104 or chudnall@tcatnewbern.edu.

Professional Care Services Contact Information:

Appointment Line – 1-844-727-2778

Crisis Line – 1-800-353-9918

[Newbern \(901\) 476-8967](tel:9014768967)

[Brownsville \(731\) 772-9002](tel:7317729002)

[Dyersburg \(731\) 287-1794](tel:7312871794)

[Somerville \(901\) 465-9831](tel:9014659831)

[Millington \(901\) 873-0305](tel:9018730305)

[Ripley \(731\) 635-3968](tel:7316353968)

Resources:

State of Tennessee

<https://www.tn.gov/behavioral-health/need-help/crisis-services/suicide-prevention1.html>

National Institute of Mental Health

<http://www.nimh.nih.gov/about/index.shtml>

Erasing the Stigma of Mental Illness

<http://www.bringchange2mind.org/>

National Alliance on Mental Illness

<http://www.nami.org/>

Mental Health America

<http://www.mentalhealthamerica.net>

Support Groups

<http://www.adaa.org/finding-help/getting-support/support-groups>